

COPY

BOSTON COMMUNITY SERVICES, INC.

PROGRESS NOTES

DATE OF SERVICE: 1-23-92.

CLIENT NAME: Thomas Shay, CLIENT #: _____

PROGRAM: _____ TYPE OF SERVICE: _____

TYPE OF SERVICE: _____

PLACE OF SERVICE: _____ DURATION: _____

PRIMARY CLINICIAN: _____ STAFF I.D. #: _____

OTHER CLINICIANS: _____

OTHER CLINICIAN(S): _____

LIST ALL ATTENDING: _____

COMMENTS: Trying to do work on brother's car - trouble ordering parts in his own name for fear of what people will say. Ruminating a lot about the bomb & if it was or wasn't placed on his car. Also think back to the original explosion. Frightened it may happen again. Still having a sleep problem but declines medication. "So in rattling my mind for that who would do anything like that...." He feels there are many questions to be answered but won't share them with me. Not in touch with son who may or may not be released. There is a scar and it's never gonna heal. So in starting to feel frightened... Some question of May having hepatitis. He pushes me for a prognosis - I suggest he urge May to review this with her physician.

TCB. 1/30/92 + D

EDL

SIGNATURE OF CLINICIAN/TITLE

BOSTON COMMUNITY SERVICES, INC.

PROGRESS NOTES

DATE OF SERVICE: 1-16-92.

CLIENT NAME: Thomas Shay CLIENT #: _____

PROGRAM: _____ TYPE OF SERVICE: _____

TYPE OF SERVICE: _____

PLACE OF SERVICE: _____ DURATION: _____

PRIMARY CLINICIAN: _____ STAFF I.D. #: _____

OTHER CLINICIANS: _____

OTHER CLINICIAN(S): _____

LIST ALL ATTENDING: _____

COMMENTS: Attorney sent him to see Dr. Brown, a psychiatrist at Brighton Marine Hospital. He thinks it had something to do with the case. Now he wants to tell me the story of the explosion of October 28, 1991. Concerned is his name. Recounts events of October 27, 1991. He found a device in the driveway. Picked it up, - "didn't look like a bomb" - thought it might be part of the car. Put it back in the driveway. Didn't tell Mary about it. Next day, he described it to his brother. Gaostr Police on 10/28/91 & they feel the bomb squad should be called - & they are. Female officer came out to the house - went into the house - another officer arrived - then the 2 Bomb squad officers arrived. Officers said "It doesn't look like anything - don't worry." A few minutes later the bomb exploded. Shay "I found that lying on my driveway - not on my car..." He is concerned that the police may not be telling the truth. He has asked his attorney to call me.



C. n. v. a

SIGNATURE OF CLINICIAN/TITLE

BOSTON COMMUNITY SERVICES, INC.

PROGRESS NOTES

DATE OF SERVICE: 12/4/91

CLIENT NAME: Thomas Shay CLIENT #: _____

PROGRAM: _____ TYPE OF SERVICE: _____

TYPE OF SERVICE: _____

PLACE OF SERVICE: _____ DURATION: _____

PRIMARY CLINICIAN: _____ STAFF I.D. #: _____

OTHER CLINICIANS: _____

OTHER CLINICIAN(S): _____

LIST ALL ATTENDING: _____

COMMENTS:

Saw Sunday Globe - saw picture of deceased Police officers. Got a sick feeling in his stomach and is angry because he believes the globe is not accurate. Pt. has been asked by BPD not to talk to anyone re the events. Again repeats his conviction that he is a victim. Still talks in generalities and refuses to offer details of fact & feeling. Then describes a disagreement at T-Ging - Mary's Bros' wanted to remove certain items from the home (his Lela's Mom's) and this caused some concern. Mg will come in next week to review this.

TCB 12/11/91 @ 3.

SIGNATURE OF CLINICIAN/TITLE

ADULT OUTPATIENT DEPARTMENT
PROGRESS NOTES

CLIENTS NAME: Thomas SHAY.

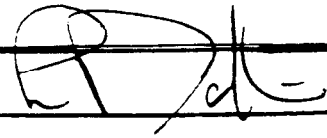
DATE:
11-15-91

Comes in today with Mary Flannagan with whom he has been living for 10 years, and their daughter Kristen who stayed in the waiting room.

They reviewed the events of Monday October 28, 1991 when a bomb exploded in their driveway killing a police officer. Mr. Shay feels strongly that "we are victims..." and feels quite isolated and afraid. Both are concerned for their safety and have asked their lawyer to request police protection.

Both stress the closeness of their relationship and their love for each other and conviction they will come through this ordeal. Mr. Shay claims that they had no responsibility for this explosion and is eager for the matter to be resolved. They are quite bothered at the fact that a life was lost and Mary comments that it could just as easily have been their lives.

They wish to continue meeting with me and we will do this weekly for now
IRB 11-22-91 at 3:15.



ADULT OUTPATIENT DEPARTMENT
PROGRESS NOTES

CLIENTS NAME. THOMAS SHAY

DATE:

1-22-91

Feeling better. Continues to have bad dreams.
Continues to feel "peeps" may harm him.
& suicide / homicide ideation.

————— J.T. Cengelis, MD

1-29-91

On time for his appt. Spoke about his fears
regarding his incident. Wishes he could work.

————— James T. Cengelis, MD

2-5-91

Came early for appt. ~~Feels scared~~. Continues
to have bad dreams. Continues to focus on his
accident.

————— James T. Cengelis, MD

2-12-91

On-time. Spoke about his family. Verbalized
feeling about work. Continues to exhibit
symptoms of P.T.S.D.

————— James T. Cengelis, MD

2-19-91

Continues to have symptoms of P.T.S.D.
He expressed desire to work. Continues to
have frightening dreams. Verbalized well.

————— James T. Cengelis, MD

2-26-91

Early for appt. Stated he feels scared.
Continues to have symptoms of P.T.S.D.

————— James T. Cengelis, MD

ADULT OUTPATIENT DEPARTMENT
PROGRESS NOTES

CLIENTS NAME: Thomas Slay

DATE:

Oct. 19, 90 Pt stated that he visits his brother during the day and goes out for doughnuts. Pt. related that he does go out and does not stay only at home. Pt. does not panic attacks, but anxiety when he fixates and ruminates over his feelings.

James T. Chergelis, MS, MD

Oct 23, 90 Pt spoke about his family and his growing-up. Pt had a better week, less anxious.

James T. Chergelis, MS, MD

Oct. 30, 90 Pt. stated he felt anxious all the past week, the pt. stated the feeling comes and goes. Pt. continues fixated on his ideation. Trying to be reality centered. Pt.

James T. Chergelis, MS, MD

-10-90 Pt. stated it is only "time" until he is killed, tried to focus the pt. onto the here and now, of which he did. Pt. stated that his sleep has been poor since about May.

James T. Chergelis, MS, MD

Nov. 13, 90 Pt. spoke superficially. Not much to say.

Stated that he wished he could work and he wishes he contribute more to the family. Pt. could not verbalize what is limiting him.

James T. Chergelis, MS, MD